



The Galleon Inn

FOWEY

FOOD SERVED 12 - 2.30pm and 6 - 9pm / 8.30pm Sunday

**PLEASE PLACE AND PAY FOR ORDER
AT THE BAR WITH YOUR TABLE NUMBER.**

**YOUR FOOD WILL BE BROUGHT TO YOUR TABLE
(PLEASE TELL US IF YOU CHANGE TABLES)**

PLEASE SEE OUR SPECIALS BOARD FOR THE LATEST CHEF SPECIALS

We aim to source all of our ingredients locally, with some fish coming from the Cornish coast onto plate within a few hours.

You will need your table number when ordering.

We cannot guarantee that any items are free from traces of nuts. We may sometimes handle products containing nuts in our kitchen.

All weights are uncooked weights. Seafood dishes may contain bones.

We have highlighted our Gluten Free & Vegan options on the menu. Please refer to dishes marked with V for vegan & GF for gluten free.

**If you have any FOOD ALLERGIES or INTOLERANCES,
please speak to our staff about the ingredients in your meal,
when making your order.**

Thank you.



LIGHT BITES

Soup of the Day <i>served with fresh crusty bread</i>	£5.25
Southern Fried Chicken Goujons <i>salad, sweet chilli dip</i>	£8.95
Devilled Whitebait <i>salad, lime tartare sauce</i>	£7.50
Creamy Garlic Mushrooms <i>salad, parmesan shavings, toasted bruschetta</i>	£6.95
Nachos <i>tortilla chips, salsa, jalapeños, melted cheese, sour cream</i>	£7.50
	Add beef or bean chilli £2.00
	Add pulled pork £2.00

SALADS

Chicken & Bacon Salad <i>strips of chicken breast & bacon, mixed salad, balsamic dressing & croutons</i>	Small £8.00 Large £10.95
Prawn Mixed Salad <i>seafood sauce, granary bread</i>	Small £9.00 Large £11.50
Huntsman's Salad <i>local ham, mixed salad, pickles & granary bread</i>	Small £8.00 Large £10.50
Ploughman's Salad <i>cheddar cheese, mixed salad, pickles & granary bread</i>	Small £8.00 Large £10.50

FISH

Galleon Fish Platter <i>the ultimate seafood combo; scampi, cod bites, whitebait, squid rings & prawn cocktail.</i> <i>Served with a toasted ciabatta & dips</i>	£16.95
	Add chips £1.25
Locally Sourced Mussels <i>garlic, white wine & herbs, crusty bread</i>	Small £8.00 Large £12.00
	Add chips £1.25
Cod <i>beer battered cod using local Cornish ale, chips & a choice of garden or mushy peas.</i>	Small £8.00 Large £12.00
Scampi <i>whole tail scampi in crispy breadcrumbs, chips, peas & a salad garnish</i>	Small £8.00 Large £12.00
Breaded Plaice <i>fillet of plaice in a crisp crumb, salad & a choice of potatoes or chips</i>	£11.00
Homemade Fish Pie <i>rich creamy fish pie, topped with cheesy mashed potato served with salad & garlic bread (please ask for today's fish combination)</i>	£9.95
Red Mullet <i>grilled red mullet fillets on a bed of ratatouille, buttered potatoes & salad - GF</i>	£12.50

MEAT

Cornish Beef & Ale Pie	£11.75
<i>locally sourced beef, slow cooked in a rich ale gravy, puff pastry top, chips & peas</i>	
Ham, Egg & Chips	£9.75
<i>slices of Cornish ham, 2 free range eggs, chips & peas - GF</i>	
Spicy Chilli con Carne	Small £8.00
	Large £10.95
<i>Cornish minced beef with a kick of chilli, served with a choice of rice & chips & sour cream just in case!!! - GF</i>	
Baked Chicken Melt	£13.95
<i>chicken breast topped with bacon, mozzarella & barbecue sauce or pesto served with salad & chips - GF</i>	
Homemade Beef Lasagne	£9.95
<i>rich beef bolognaise, layered with pasta sheets & béchamel sauce, topped with melted cheese, served with salad & chips or garlic bread</i>	
Pork Loin Steak	£11.45
<i>topped with apple sauce & melted blue cheese, served with creamy mashed potato & vegetables - GF</i>	
Chef's Homemade Curry	£10.25
<i>medium to hot curry, basmati rice, poppadum & mango chutney - GF (please ask about today's variety)</i>	

FROM THE GRILL

8oz Sirloin Steak	£18.95
<i>28 day aged sirloin, garlic mushrooms, onion rings, chips & peas</i>	
Gammon Steak	Small £8.00
	Large £14.75
<i>chips, peas & a choice of egg, pineapple or both - GF</i>	

BURGERS

All burgers are served in a toasted brioche bun with tomato, onion & salad leaves, accompanied with chips, coleslaw & tomato chutney.

Homemade Cornish Beef Burger	£9.95
Southern Fried Chicken Burger	£9.95
Fully Loaded Beef or Chicken Burger	£12.50
<i>topped with bacon, cheese & onion rings</i>	
Add Pulled Pork or Chilli	£2.00

VEGETARIAN

(although our vegetarian options are garnished with vegan "dairy substitutes" we can replace these with traditional dairy options on request)

Cauliflower & Broccoli Bake	£9.45
<i>salad & garlic bread</i>	
Homemade Ratatouille	£9.50
<i>served on a bed of pasta, garlic bruschetta & grated vegan cheese - V</i>	
Spicy Bean Chilli	Small £8.00
	Large £10.50
<i>choice of rice or chips with side salad & sour cream.</i>	
Vegetable Fajitas	£9.95
<i>soft tortilla wraps, spicy vegetable strips, rice & grated vegan cheese - V</i>	

JACKETS

Hot jacket potato with a filling of your choice, served with a salad garnish
Add a second filling for 1.50 (chilli, pulled pork or prawns 2.00)

Cheese - GF	£6.50
Tuna Mayo - GF	£6.50
Baked Beans - V, GF	£6.50
Ham & Cheese - GF	£7.25
Chilli - GF	£9.25
Prawn in Sauce - GF	£9.25

SANDWICHES

Quay bakery bread or ciabatta roll with a filling of your choice,
served with a lightly dressed garnish & a handful of crisps.

Bacon, Mushroom & Cheddar	£8.25
Bacon, Brie & Cranberry	£8.25
Tuna Mayo & Cucumber	£7.50
Ham & Tomato	£7.25
Cheddar & Pickle	£7.25
Prawn in Seafood Sauce	£8.75
Pulled Pork & Cheddar	£8.75

PIZZAS

All pizzas are served on a 12" base with tomato sauce & mozzarella topping

Margherita cheese & tomato	£9.50
Pepperoni pepperoni	£10.00
Hawaiian ham & pineapple	£10.00
The Goatie goats cheese, red onion & pesto	£10.50
Vegetarian sweetcorn, peppers, sliced tomato, onions & pesto	£10.00
Hot & Spicy spicy beef & chicken, pepperoni, jalapeños & chilli flakes	£10.50
Galleon Meat Feast pepperoni, BBQ chicken, ham, spicy beef & BBQ sauce	£10.50
Toppings Add an extra topping to any pizza	each £1.00
<i>Pepperoni, BBQ Chicken, Spicy Chicken, Tuna, Spicy Beef, Ham, Sliced Tomato, Sweetcorn, Jalapeños, Mushrooms, Pineapple or BBQ Sauce.</i>	
Pulled Pork	£2.00

CHILDRENS MENU

Cod Bites served with chips & a choice of beans, peas or salad	£5.25
Chicken Goujons served with chips & a choice of beans, peas or salad	£5.25
Ham, Egg & Chips ham, fried egg, chips & peas -GF	£5.25
Sausage, Egg & Chips local sausages, fried egg & chips	£5.25
Kids Pasta pasta swirls coated in a tomato sauce, a sprinkle of cheese & garlic bread	£4.50
1/2 Cheese or Ham Sandwich served with handful of crisps & salad garnish	£3.95
Kids Ciabatta Pizza topped with tomato sauce, melted cheese & a choice of topping	
Hawaiian or Pepperoni	£4.95
Margherita	£4.50
Kids Garlic Bread	£1.95

SIDES

Chips - V, GF	£2.75	Cheesy Chips	£3.25
Onion Rings (x8)	£2.75	Garlic Bread	£3.75
Cheesy Garlic Bread	£4.50		
Side Salad - V, GF	3.50		